

Unit 5 - Soccer

Lesson 8 - Tournament

PLO's

Grade 9:

- A7 demonstrate a willingness to participate in a wide range of physical activities, including: individual and dual activities, games rhythmic movement activities (including dance and gymnastic activities)
- B2 apply fundamental movement skills in games activities in predictable and unpredictable settings
- C1 demonstrate behaviours that minimize the risk of injury to self and others in physical activity
- C3 demonstrate fair play in physical activities across the activity categories

Grade 10:

- A1 describe a variety of ways to be active throughout one's life
- A4 participate daily in moderate to vigorous physical activity to enhance fitness
- B2 apply fundamental movement skills in a range of complex games activities
- C2 model proper use of equipment and facilities
- C3 apply fair play conduct in all physical activities across the activity categories

Learning Intents

Students will be able to (SWBAT):

Psychomotor:

- Incorporate all learned skills to date in a game setting

Cognitive:

- Understand how learned skills and techniques from territory invasion games transfers to back and forth

Affective:

- Playing cooperatively as a group
- Encourage and support less able individuals
- Apply safety principles

Social:

- Create good class atmosphere
- Encourage players in the group

Equipment:

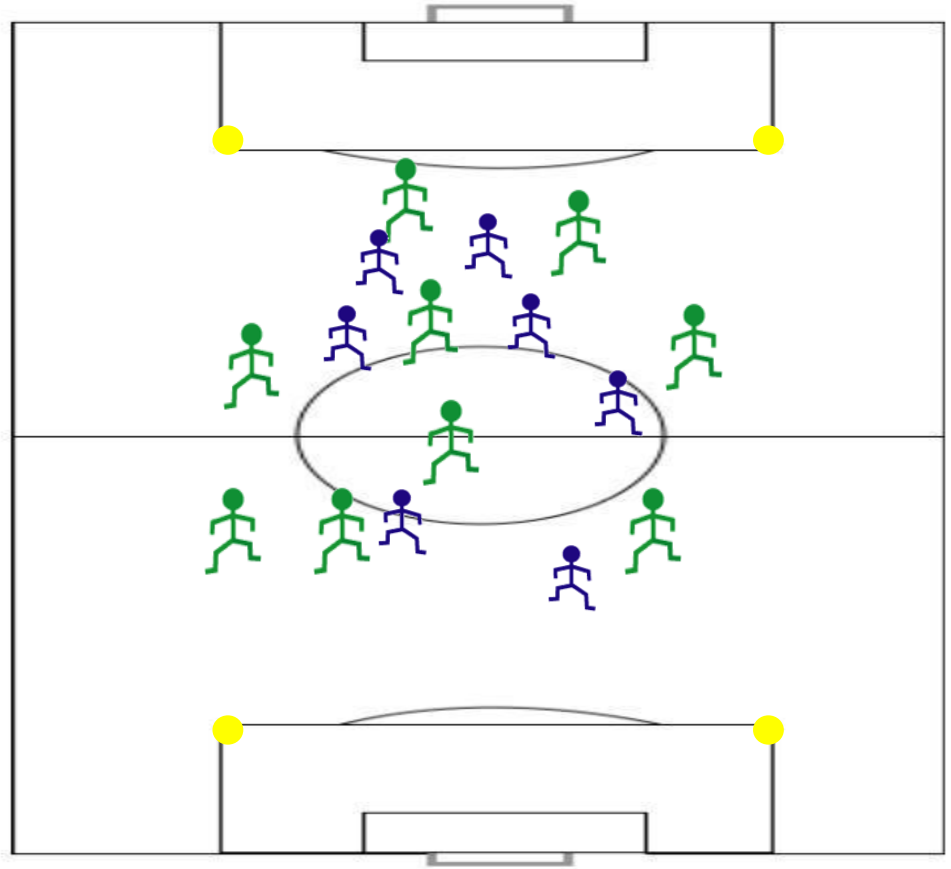
- Soccer Balls
- Pinnies (at least 4 different colours)
- Cones (32)
- Pylons

Sequence of Events

Change and free-play:	10 minutes
Warm-up, stretch, discussion:	10 minutes
Mini Games (6 games):	42 minutes
Moving for game to game time:	8 minutes
Wrap-up and Change:	10 minutes
Total:	80 minutes

Warm-up (10 Minutes)

- Handball (2 Fields)
 - 2 teams
 - Cannot run with the ball
 - Can move to ball on the ground
 - Great way to demonstrate depth and width
 - Move to touchdowns with pass total added to goal
- Alternate Warm-up
 - Jog to Braefoot Turf



Format

Game 1: 1 v 4, 2 v 3

Game 2: 1 v 2, 3 v 4

Game 3: 1 v 3, 2 v 4

Game 1: 1 v 4, 2 v 3

Game 2: 1 v 2, 3 v 4

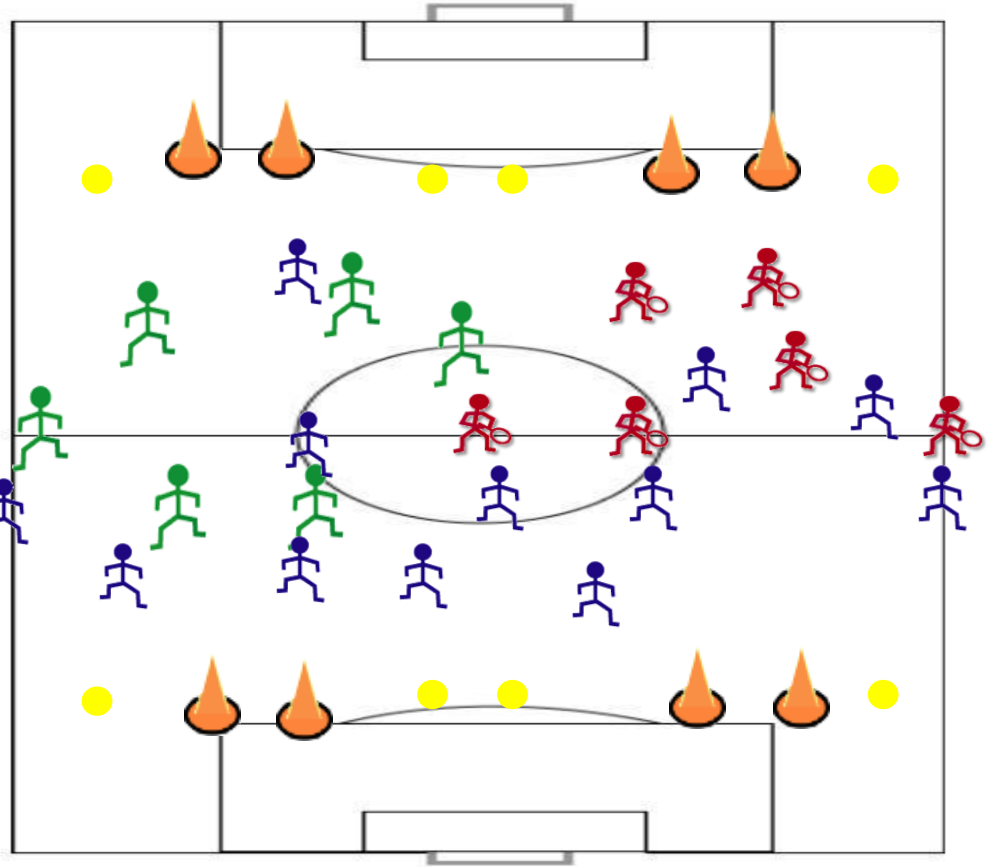
Game 3: 1 v 3, 2 v 4

Scoring:

- Every goal causes goal to get smaller
- Whatever goal difference was in Game 1 First Round non-winning team starts up
- Ex: Game 1, Round 1, 4-2, Game 1, Round 2 starts 2-0 for the non-winners

Tournament (42 Minutes)

- 6 Games (7 minutes each)
 - 2 Grids
 - 6 v 6, 4 v 4 inside, 1 player on either side
 - When the ball is passed to the outside player they come inside the grid
 - Continuous games
 - Keep score
 - Goal Starts 5 yards apart and each goal results in the goal getting smaller
- Round one score handicaps team for second round



Wrap-up (10 minutes)

- Equipment retrieval by students
- Jog back to school
- Talk for next day (Tournament Day #2)
- See you tomorrow gentlemen
- Exit Slip #4

Name:

Exit Slip #4

1. What are the 5 attacking principles?
2. What does Mr. H consider to be the most important skill in soccer?
3. When movement to space and support there are two changes that will help be successful, what are they?