

Exit Slip #5

SELF-ASSESSMENT SHEET

Name: _____

Unit: Basketball

Take the next few minutes to answer these questions honestly.

1. Using a ten point scale where 0 means NEVER and 10 means ALWAYS, please rate yourself on the following statements.

I put in my best effort each and every class	
I encourage my teammates	
I come to class with the proper strip	
I show respect for my peers and create a positive environment for participation	

2. Did the activities help you develop your basketball abilities? If yes, how? If no, why not?

3. What part of this unit did you enjoy the most and why?