

Unit Plan - Basketball

Lesson Ten - Tournament Day #2

PLO's

Grade 9:

- A6 participate daily in moderate to vigorous physical activity to enhance fitness
- B2 apply fundamental movement skills in games activities in predictable and unpredictable settings
- C1 demonstrate behaviours that minimize the risk of injury to self and others in physical activity
- C3 demonstrate fair play in physical activities across the activity categories
- C4 exhibit leadership in a range of physical activities

Grade 10:

- A1 describe a variety of ways to be active throughout one's life
- A4 participate daily in moderate to vigorous physical activity to enhance fitness
- B2 apply fundamental movement skills in a range of complex games activities
- C2 model proper use of equipment and facilities
- C3 apply fair play conduct in all physical activities across the activity categories
- C4 apply leadership in a wide range of physical activity situations

Learning Intents

Students will be able to (SWBAT):

Psychomotor:

- Play in a Round Robin Tournament continuously
- Bring together all the skills learned to date

Cognitive:

- Use the cues and concepts learned over the unit
- Make good in-game decisions

Affective:

- Playing cooperatively as a group
- Apply safety principles

Social:

- Create good team atmosphere
- Show good sportsmanship

Equipment:

- Basketballs
- Pinnies (at least 4 different colours)

Sequence of Events

Date:

Number of Students:

Change and free-play:	10 minutes
Warm-up, stretch, discussion:	10 minutes
3 Games (8 mins/game):	24 minutes
Final Games	8 minutes
Wrap-up and Unit Reflection:	8 minutes
*Extra-time (free-play)	10 minutes
Change:	10 minutes
Total:	80 minutes

What are we Trying to Achieve Today

- Bringing Everything Together
- Use all the acquired information in a Tournament Setting
- Self-Officiate and play with Sportsmanship and Respect

Warm-up (10 minutes)

Shooting, Rebounding, Pass Activity

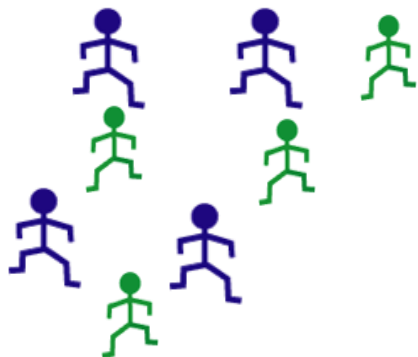
- Groups of 6
- 3 Shooters, 2 rebounders, 1 passer
- Rebounder rebounds and pass off, passer passes to new shooter and the cycle continues
- Follow your pass



Format: 4 v 4 (3 v 3)

Rules:

- No rebounds
- Monitor your own fouls, turnover on foul, in from side
- Respect each other
- Subs on the fly if needed
- Regular Basketball Rules apply (travel, double dribble, etc.)
- Half court rules and boundaries



Round Robin Schedule

Game 5	Game 6	Game 7	Game 4
1 v 2	1 v 3	1 v 4	1st v 2nd
3 v 4	2 v 4	2 v 3	3rd v 4th
5 v 6	5 v 8	5 v 7	5th v 6th
7 v 8	6 v 7	6 v 8	7th v 8th

	1	2	3	4	5	6	7	8
1	★							
2		★						
3			★					
4				★				
5					★			
6						★		
7							★	
8								★

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Wrap-up (8 minutes)

- Equipment retrieval by students
- Discussion about base, stance, and three different passes
- Talk for next day (dribbling)
- Exit slip #5
- See you tomorrow gentlemen

Exit Slip

Name: _____

Date:

1. What parts of this unit did you enjoy?

2. Did the activities help you develop your basketball abilities? If yes, how? If no, why not?