

Unit Plan - Basketball

Lesson Nine - Tournament Day #1

PLO's

Grade 9:

- A6 participate daily in moderate to vigorous physical activity to enhance fitness
- B2 apply fundamental movement skills in games activities in predictable and unpredictable settings
- C1 demonstrate behaviours that minimize the risk of injury to self and others in physical activity
- C3 demonstrate fair play in physical activities across the activity categories
- C4 exhibit leadership in a range of physical activities

Grade 10:

- A1 describe a variety of ways to be active throughout one's life
- A4 participate daily in moderate to vigorous physical activity to enhance fitness
- B2 apply fundamental movement skills in a range of complex games activities
- C2 model proper use of equipment and facilities
- C3 apply fair play conduct in all physical activities across the activity categories
- C4 apply leadership in a wide range of physical activity situations

Learning Intents

Students will be able to (SWBAT):

Psychomotor:

- Play in a Round Robin Tournament continuously
- Bring together all the skills learned to date

Cognitive:

- Use the cues and concepts learned over the unit
- Make good in-game decisions

Affective:

- Playing cooperatively as a group
- Apply safety principles

Social:

- Create good team atmosphere
- Show good sportsmanship

Equipment:

- Basketballs
- Pinnies (at least 4 different colours)

Sequence of Events

Date:

Number of Students:

Change and free-play:	10 minutes
Separate Teams and Rules:	8 minutes
Warm-up, stretch, discussion:	10 minutes
4 Games (8 mins/game):	32 minutes
Wrap-up:	8 minutes
Change:	10 minutes
Total:	80 minutes

What are we Trying to Achieve Today

- Bringing Everything Together
- Use all the acquired information in a Tournament Setting
- Self-Officiate and play with Sportsmanship and Respect

Warm-up (10 minutes)

Shooting, Rebounding, Pass Activity

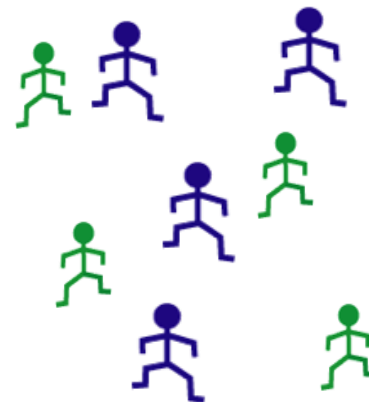
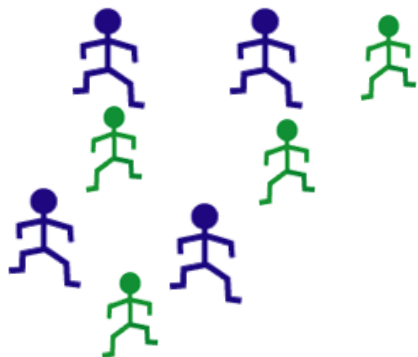
- Groups of 6
- 3 Shooters, 2 rebounders, 1 passer
- Rebounder rebounds and pass off, passer passes to new shooter and the cycle continues
- Follow your pass



Format: 4 v 4 (3 v 3)

Rules:

- No rebounds
- Monitor your own fouls, turnover on foul, in from side
- Respect each other
- Subs on the fly if needed
- Regular Basketball Rules apply (travel, double dribble, etc.)
- Half court rules and boundaries



Round Robin Schedule

Game 1	Game 2	Game 3	Game 4
1 v 5	1 v 8	1 v 7	1 v 6
2 v 6	2 v 5	2 v 8	2 v 7
3 v 7	3 v 6	3 v 5	3 v 8
4 v 8	4 v 7	4 v 6	4 v 5

	1	2	3	4	5	6	7	8
1	★							
2		★						
3			★					
4				★				
5					★			
6						★		
7							★	
8								★

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Way →

Wrap-up (5 minutes)

- Equipment retrieval by students
- Discussion how everything came together
- Talk for next day (Finishing the unit and the tournament)
- Exit slip #4
- See you tomorrow gentlemen

Exit Slip

Name: _____

Date:

1. Rate my involvement on my team (did I pass, call, play to my best ability, etc.)
1 - 10 (10 Very involved)

2. What are the three different types of passes we learned?

i)

ii)

iii)

3. What happens if I take more than 3 steps without dribbling?