## **800 METER (TEAM RUN)**

TEAM NAME: TEAM COLOUR:

Each person may only run 100M minimum up to 200M maximum, among your team your distance must = 800M Total

**CHECK WHEN** 

NAME:	DISTANCE YOU WILL RUN	COMPLETE
1)		
2)		
3)		
4)		
5)		
6)		
7)		

## **TOTAL TEAM DISTANCE MUST = 1500 METERS**

## **CHECK WHEN**

<u>EXAMPLE</u>	DISTANCE YOU WILL RUN	COMPLETE
Joe	200	X
Jim	200	X
Sandra	100	X
Josh	100	X
Kyle	100	X
Amber	100	Х

800 METERS TOTAL