

400 METER PARTNER RUN

You can run 200m each all at once or 100m twice

TRIAL 1

	NAME:	DISTANCE:	TIME:
PARTNER A			
PARTNER B			
PARTNER A			
PARTNER B			

**TOTAL DISTANCE MUST =
400m**

COMBINED TIME=

TRIAL 2

	NAME:	DISTANCE:	TIME:
PARTNER A			
PARTNER B			
PARTNER A			
PARTNER B			

**TOTAL DISTANCE MUST =
400m**

COMBINED TIME=

TRIAL 3

	NAME:	DISTANCE:	TIME:
PARTNER A			
PARTNER B			
PARTNER A			
PARTNER B			

**TOTAL DISTANCE MUST =
400m**

COMBINED TIME=