

200 METER PARTNER RUN

You can run 200m each all at once or 100m twice

TRIAL 1

	NAME:	DISTANCE:	TIME:
PARTNER A			
PARTNER B			
PARTNER A			
PARTNER B			

TOTAL DISTANCE MUST = 400m

COMBINED TIME=

TRIAL 2

	NAME:	DISTANCE:	TIME:
PARTNER A			
PARTNER B			
PARTNER A			
PARTNER B			

TOTAL DISTANCE MUST = 400m

COMBINED TIME=

TRIAL 3

	NAME:	DISTANCE:	TIME:
PARTNER A			
PARTNER B			
PARTNER A			
PARTNER B			

TOTAL DISTANCE MUST = 400m

COMBINED TIME=